

The Cocoon was in the making of a beautiful Butterfly And the Heart stood still in this great silence and emptiness And in this Great void, the mind dropped its defenses The magic of alchemy began its process of healing and purification I stood silently observing the magical and delicate movements Of rhythms and patterns of my Soul energy weaving itself Into a beautiful pattern of exquisite tapestry Each thread and Colours woven to its perfection I stood in awe and wonderment and I asked, is it ME? The feeling of Universal Love engulfed me, and I shed tears of Joy and Gratitude, I stepped into my new garment which was as bright as the Sun And with this newfound me, I burst through the layers of the Cocoon, Ready to express and experience this new Me In the wondrous body, we call Earth Mother.

> IRHAAN Rae Chandran May 11, 2020